

## Sensory Information

Disclaimer: This non-exhaustive list is meant to guide users and is not meant as a recommendation of any specific tool or vendor.

### **Sensory Integration and the Child**

Ayres, A.J.

Los Angeles: Western Psychological Services. (1979)

ISBN 0874244374

### **The Alert Program®.**

Williams, M.S., & Shellenberger, S.

“The Alert Program® describes an innovative program that supports children, teachers, parents, and therapists to choose appropriate strategies to change or maintain states of alertness.” ([www.alertprogram.com](http://www.alertprogram.com))

“The program consists of a series of lessons and activities that incorporate sensory integration techniques with cognitive approaches”. (Williams, M.S., & Shellenberger, S., 1996p.1-1)

<http://www.facebook.com/Alertprogramfriends>

### **An Introduction to “How does your Engine Run?”**

Williams, M.S., & Shellenberger, S. (1992).

The Alert Program® for Self-Regulation (Booklet). Albuquerque, NM:

TherapyWorks, Inc.

[www.alertprogram.com](http://www.alertprogram.com)

### **The Alert Program® with Songs For Self-Regulation, Two CD set.**

Williams, M.S., & Shellenberger, S. (1995).

TherapyWorks, Inc.

[www.alertprogram.com](http://www.alertprogram.com)

### **“How Does Your Engine Run?”**

Williams, M.S., & Shellenberger, S. (1996).

A leader’s Guide to the Alert Program® for Self-Regulation

Albuquerque, NM: TherapyWorks, Inc.

ISBN 978-0-9643041-0-9

### **Take Five! Staying Alert at Home and at School.**

Williams, M.S., & Shellenberger, S. (2001)

Albuquerque, NM: TherapyWorks, Inc.

ISBN 978-0-9643041-1-6

**Test Drive: Introduction to the Alert Program® Though Song**

Williams, M.S., & Shellenberger, S. (2006)

Albuquerque, NM: TherapyWorks, Inc.

ISBN 978-0-9643041-3-0

**Sensory defensiveness in children aged 2 – 12**

Wilbarger, P., & Wilbarger, J.L. (1991)

Santa Barbara, CA: Avanti Educational Programs.

<http://www.avanti-ed.com/>