

DARE

to live your

DREAMS



How to reach us :

Marie-Andrée Lemieux

1 866 680-1930, ext. 33772

marie-andree.lemieux@ophq.gouv.qc.ca

Manon Lessard

819 868-3100 ext. 40059

lessardm@ped.etsb.qc.ca

Kymerley Morin

819 868-0512

morink@etsb.qc.ca

Alexandra Lemieux

819 564-1271, ext. 230

alemieux@travaction.ca

The committee responsible for the transition process for the Estrie Region is comprised of people from different networks:

OPHQ - Office des personnes handicapées du Québec

MELS - Ministère de l'Éducation, du Loisir et du Sport

Centre of Excellence PIM (Physically, Intellectually, and Multi-challenged)

ETSB - Eastern Townships School Board

Han-Droits - Organization dedicated to the promotion and defense of persons with handicaps in Memphremagog MRC

CRDITED Estrie

CRE - Estrie Rehabilitation Centre

Engagement Jeunesse Estrie

TRAV-ACTION - specialized services in employment for persons with a handicap

Sphère - Québec

Documents are available at

www.handroits.org & centreofexcellence@etsb.qc.ca

THE TRANSITION process

BETWEEN

school and adult life



★ A process committed to supporting students with a handicap

CONDITIONS

- **Student's motivation**
- **Student's involvement**
 - Attend meetings
 - Carry out actions that concern him/her
- **School personnel involvement**
 - Set up of the transition process
 - Establish contacts with parents and other partners
 - Ensure follow-up
- **Parent involvement**
 - Attend meetings
 - Support their child in the transition process
 - Carry out the objectives that concern them

What is a school-to-independent-living transition process?

- A support process that prepares the student for her/his adult life
- An individualized approach based on the student's life goals

Why plan the school-to-independent-living transition?

- Ensure harmonious and uninterrupted services from school to an independent adult life
- Facilitate a partnership between school, family, and community
- Reduce loss of acquired skills

The school-to-independent-living transition plan is intended for whom?

For Students

- with a physical or an intellectual disability, a pervasive developmental disorder or serious mental health problems
- 15 years-old and over
- Attending High School

When?

- At least three (3) years before they finish their schooling

