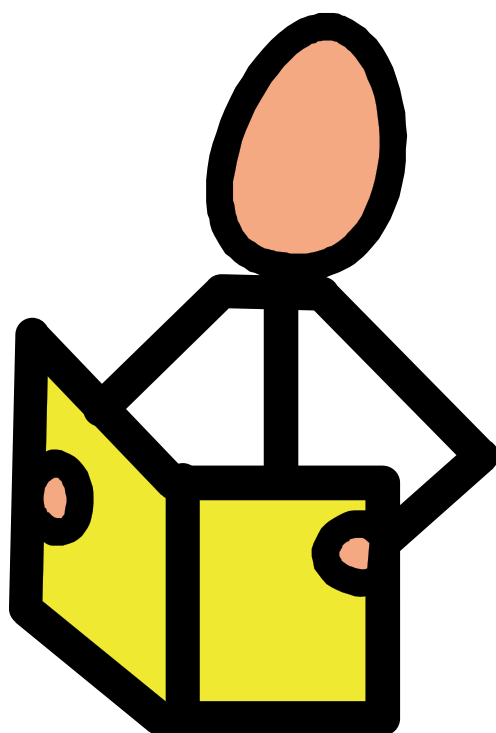


# The Big Picture

Your Guide to Transition



for young people aged 13 to 25

*updated version*





## The Big Picture

written by

Chris Sholl

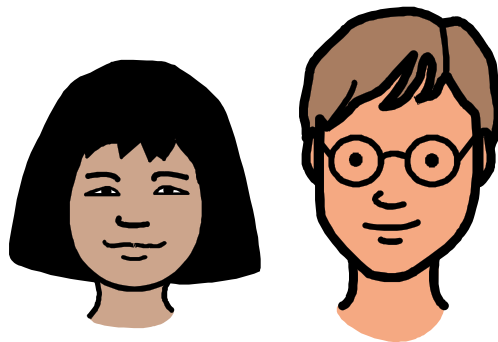
Fran Dancyger

The Big Picture was produced as part of the Transition Pathway Project.

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# Transition means change



As you change from being a teenager to an adult, many things in your life will change.

You will get new rights and choices to make.

This guide tells you what should happen and who should help you in transition.

It starts at age 13 and ends at age 25.

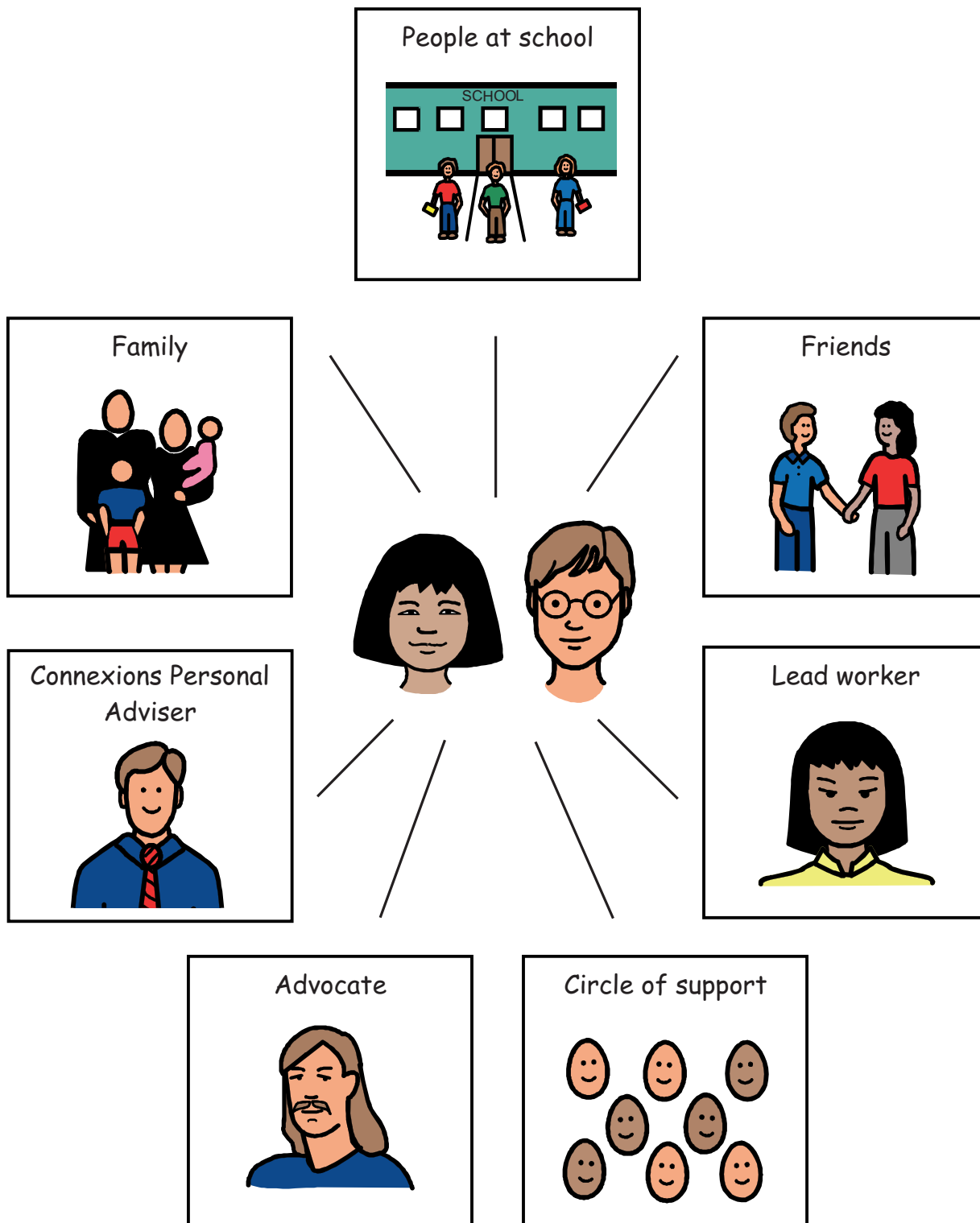
The law says it is your right to have a transition plan that you understand.

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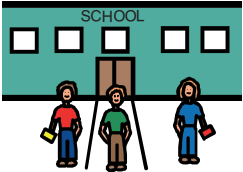

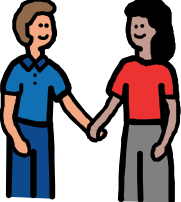
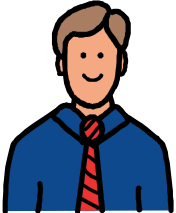

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## People who can help you



These people can help you talk about what is important to you now and in the future.

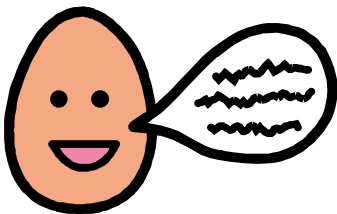
## People who can help you

<p>School</p> 	<p>People who work at school may know you well. Talk to them.</p>
<p>Family</p> 	<p>Your family can help you plan what you want to do when you leave school. Talk to them.</p>
<p>Friends</p> 	<p>Friends at school will also be doing this. <b>Get together</b> talk to them.</p>
<p>Connexions personal adviser</p> 	<p>When you are 13 or 14, you should meet a Connexions personal adviser. Their job is to help you plan what you want to do when you leave school. Talk to them.</p> <p>They will help you until you are 19, or sometimes until you are 25.</p>
<p>Lead worker</p> 	<p>You may have a lead worker from Social Care or Health services. Their job is to help you get any extra support you need.</p> <p>Talk to them.</p>

## People who can help you

### Talk to them

Talk about



#### Talk about things like

- your hopes and dreams
- what you are good at
- new things you want to try
- what you need help with
- any worries



## People who can help you

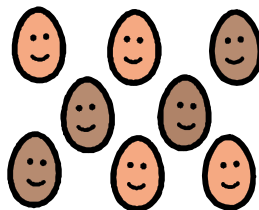
You may want help telling people what you want. You and your carers can ask for help from an advocate or circle of support

### Advocate



This is someone who gets to know you well. An advocate can help you say what you want, plan for the future and tell people what you want to do.

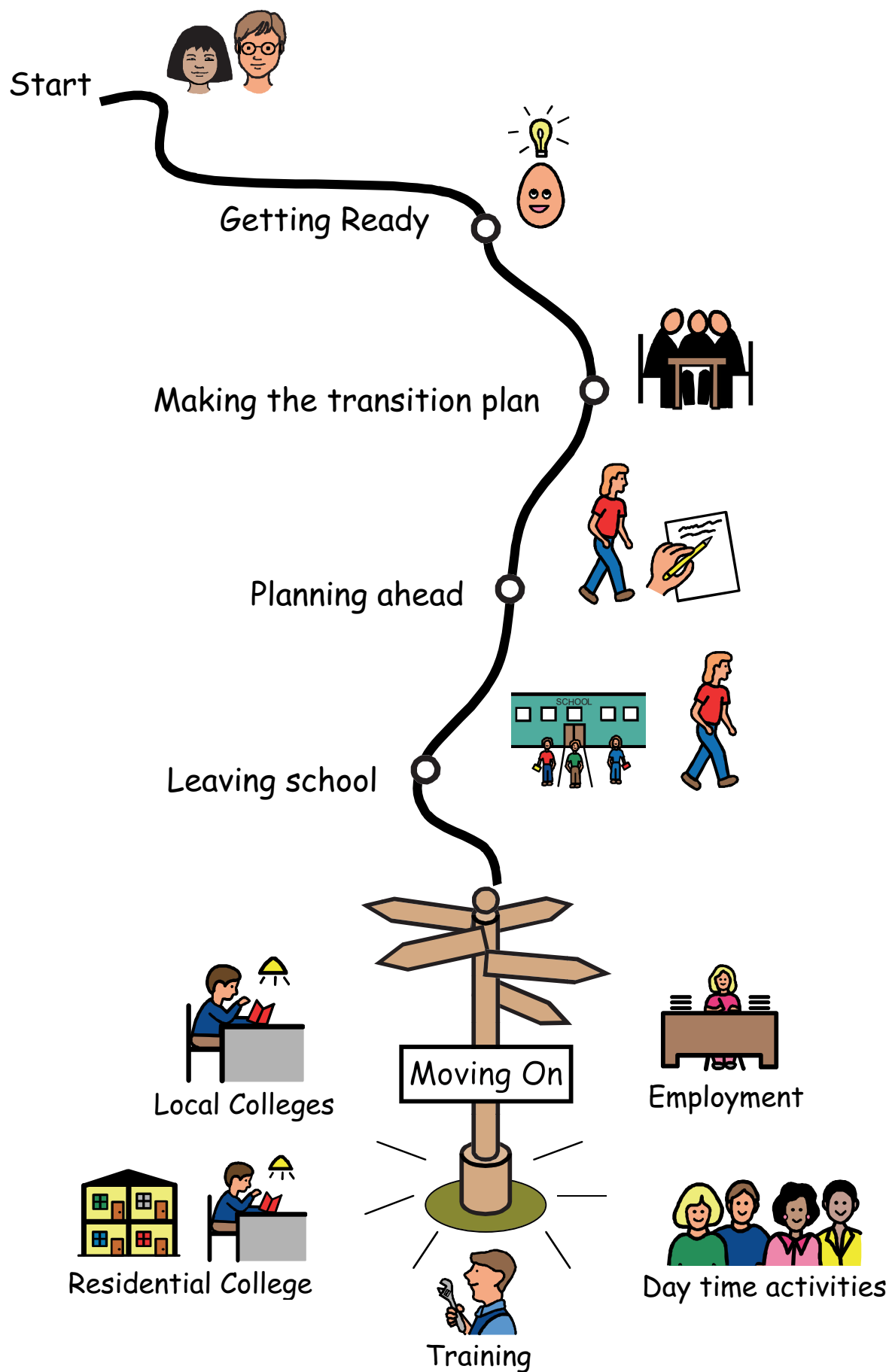
### Circle of support



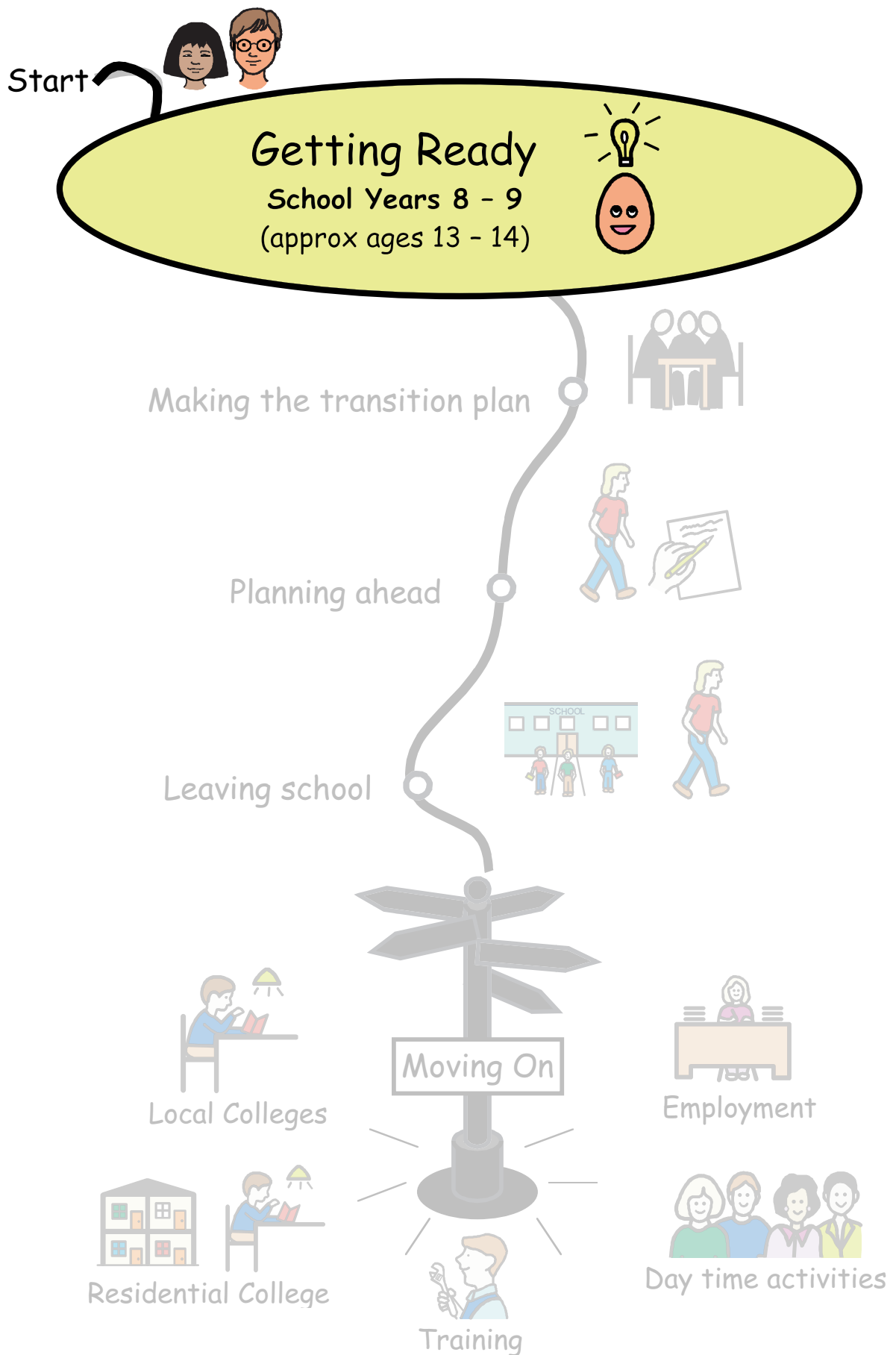
Instead of having 1 advocate, some people have a circle of support. This is a group of people who know you well, maybe friends, family or other people.

A circle of support can help you say what you want, plan for the future, and tell people what you want to do.

# What happens in transition



# What happens in transition



## Getting Ready

**School years 8 and 9 (age 13 - 14)**

This is the time at school when you will start thinking more about what you want to do when you leave school.



You should meet your Connexions personal adviser.



If you need extra help you may have a social worker or health worker as well.

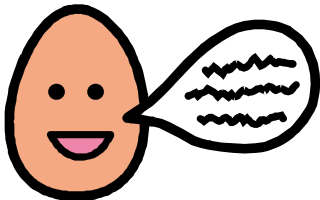


You should know the name and telephone number of your Connexions personal adviser, social worker or health worker.

## Getting Ready

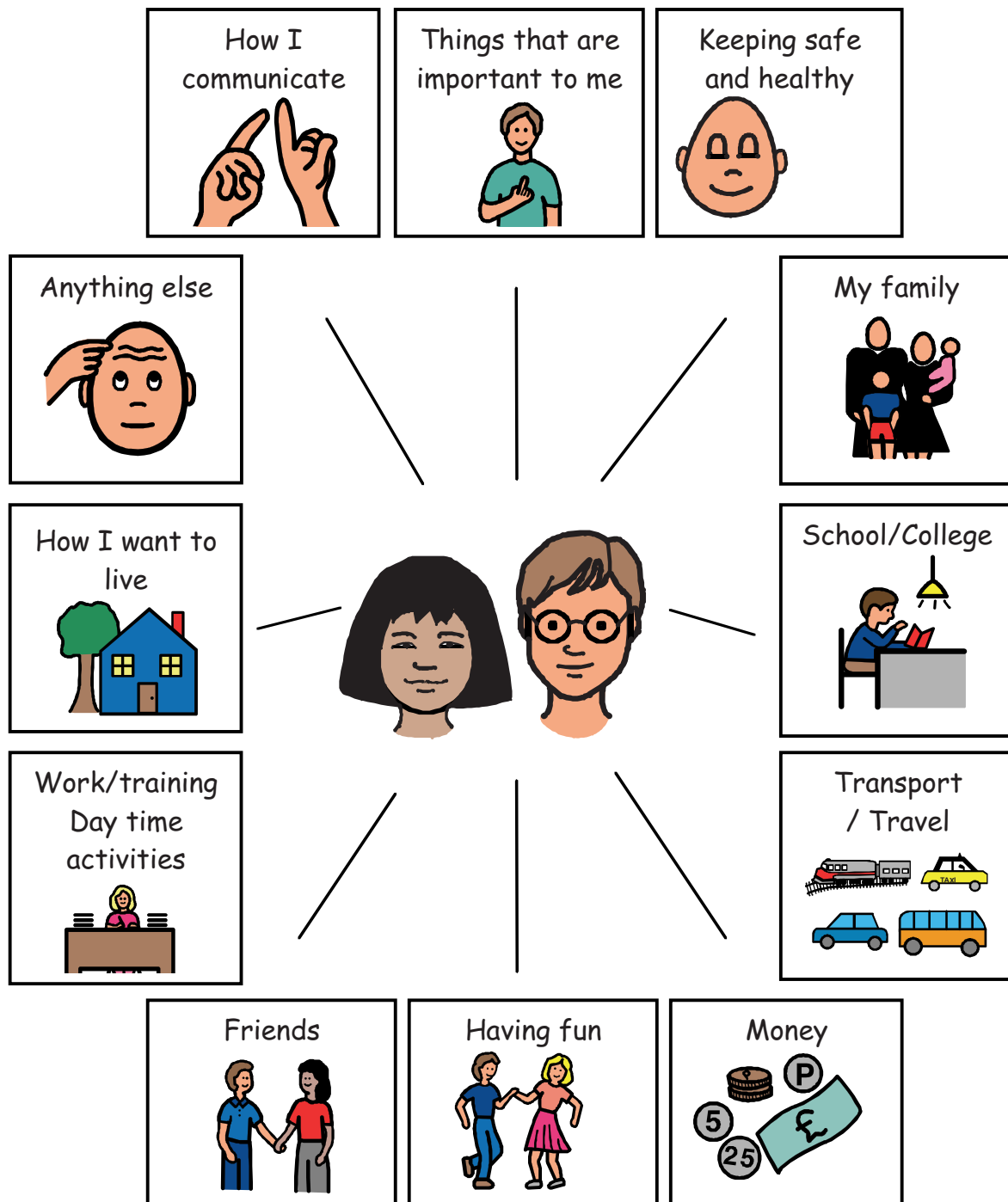
**School years 8 and 9 (age 13 - 14)**

Talk to the people who can help you think about what you want to do now and when you leave school.

<p>Talk about</p> 	<p><b>Talk about things like</b></p> <ul style="list-style-type: none"><li>• your hopes and dreams</li><li>• what you are good at</li><li>• new things you want to try</li><li>• what you need help with</li><li>• any worries</li></ul>
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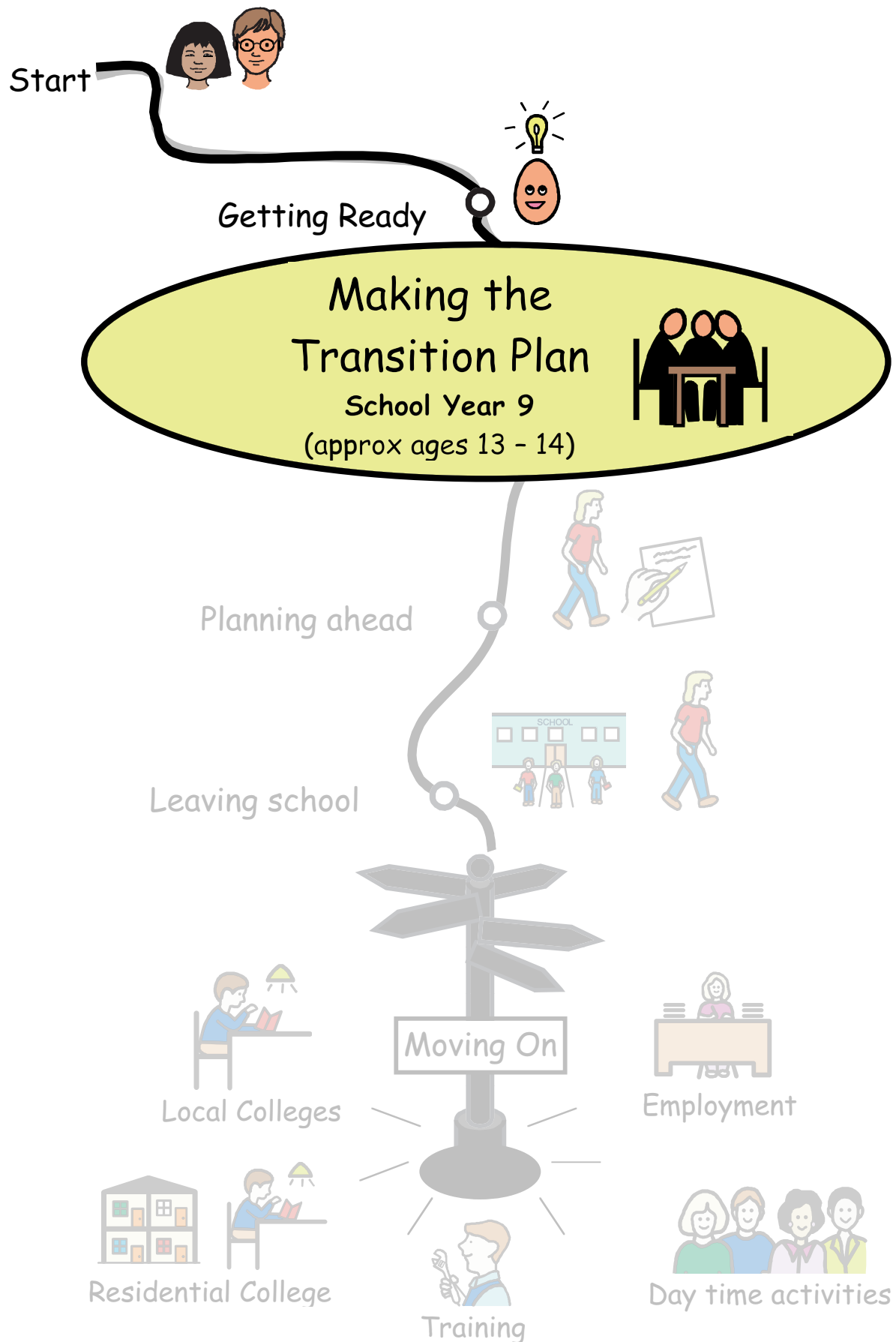
## Getting Ready

These are some things you need to talk about when getting ready to make your Transition Plan



You could make a workbook to help you tell people what is important to you. You could use pictures, words, photos, tapes, whatever you choose.

# What happens in transition



## Making the transition plan

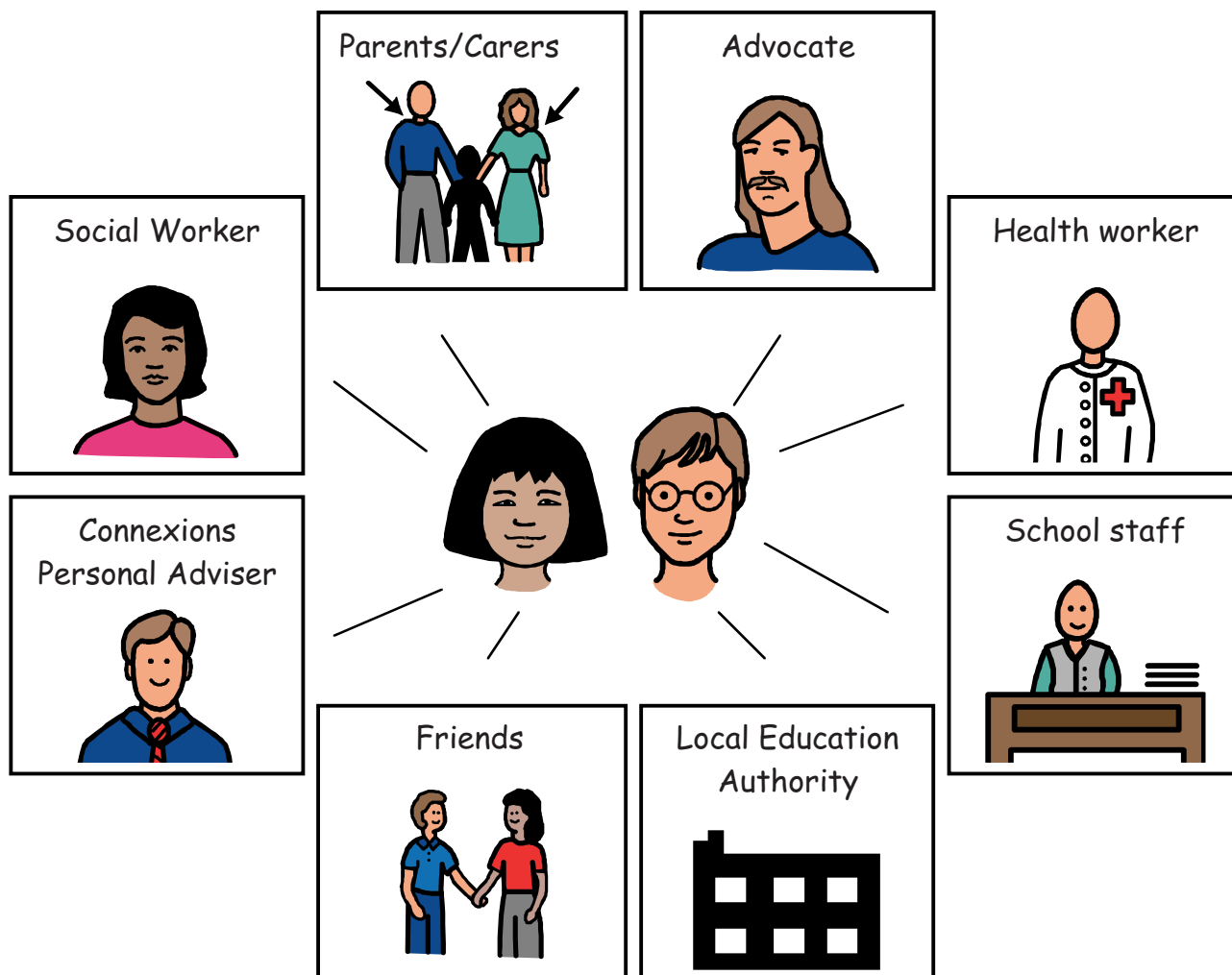
### School year 9 (age 14)

If you have a statement of special educational needs, this is reviewed every year. In year 9, there is a special review meeting, this is called a transition review or transition planning meeting.

This is where your transition plan is made.

This is where you can tell everyone about what you want to do. If you have made a workbook you can use this to help you

These people may come to your transition meeting





## Making the transition plan

### School year 9 (age 14)

Using your ideas and other people's ideas from your transition review meeting, your transition plan is made.

It should include the things you talked about when you were getting ready for your transition meeting.

It should also say

- What needs to happen
- What help you need
- Who will do this
- When this will be done



Your head teacher must see that the transition plan is written, and sent out to everybody.

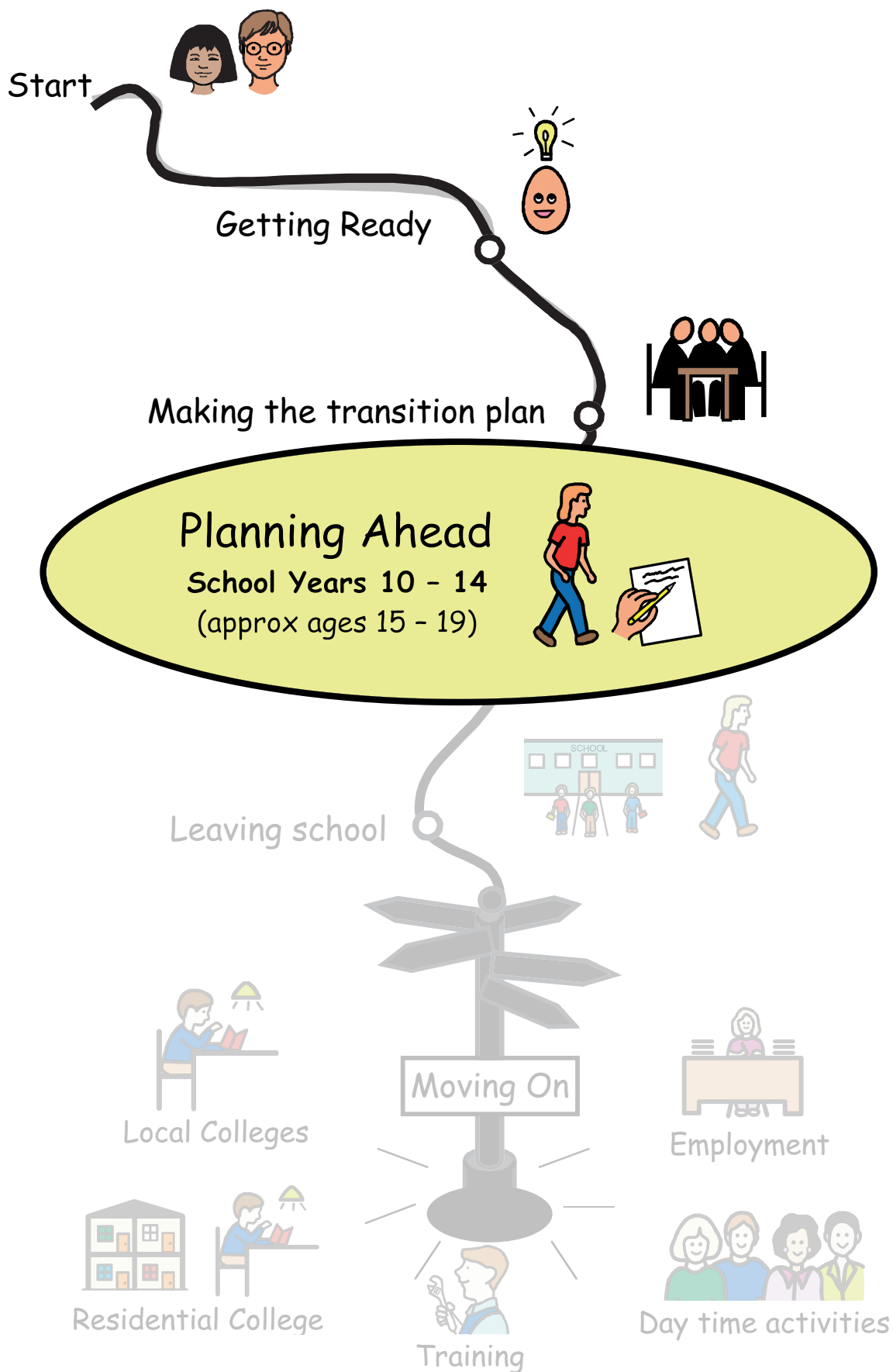
Your Connexions personal adviser may help with this.



You and your parents or carers should have a copy of your transition plan

**Check out that the things in your plan happen**

# What happens in transition



## Planning Ahead

### School years 10-14 (age 15 - 19)

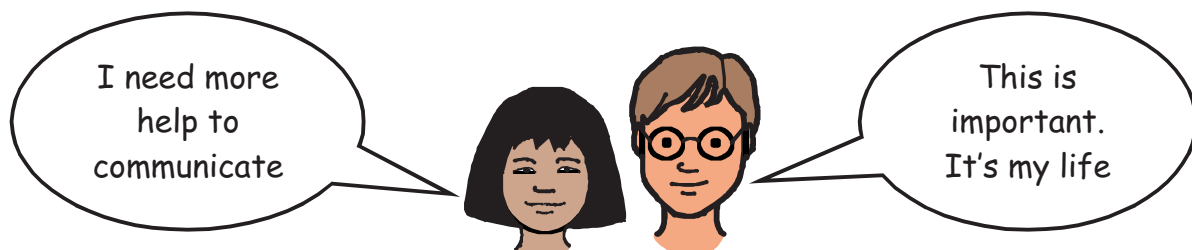
You should be doing the things in your transition plan. If these things are not happening, ask your Connexions personal adviser or lead worker from social care or health services to help you sort them out.



Every year your head teacher will arrange a review meeting to look at your transition plan and update it. Before this meeting, think about what is working well and what you want to change in your transition plan. Make sure that people know what you want. Ask someone to help you. You can add to your workbook if you are making one.



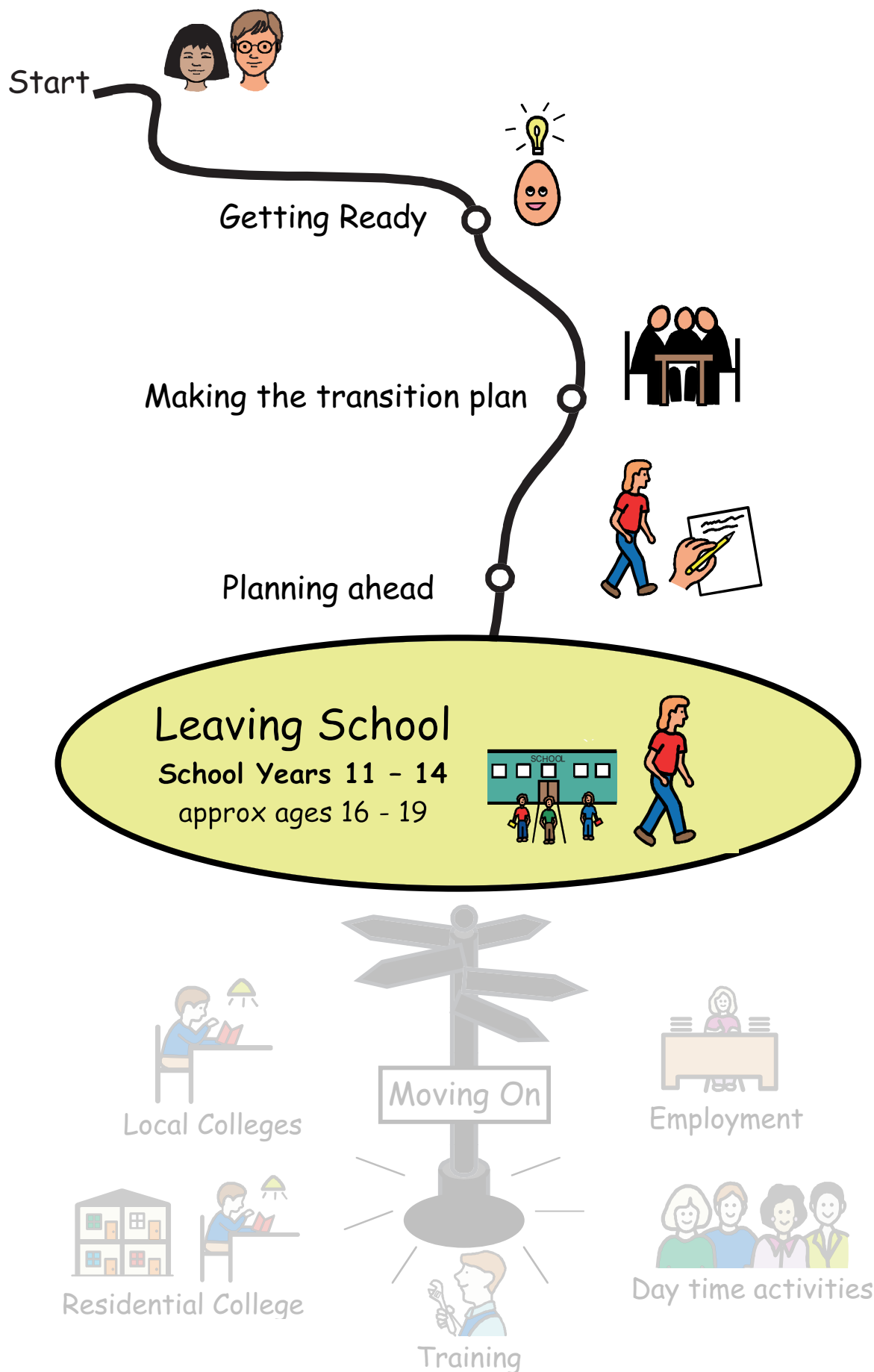
If you need extra help when you leave school, the people who will be giving that help should be invited to your reviews. They can help you plan for the future.



**It is your plan.**

**It should be right for you**

# What happens in transition



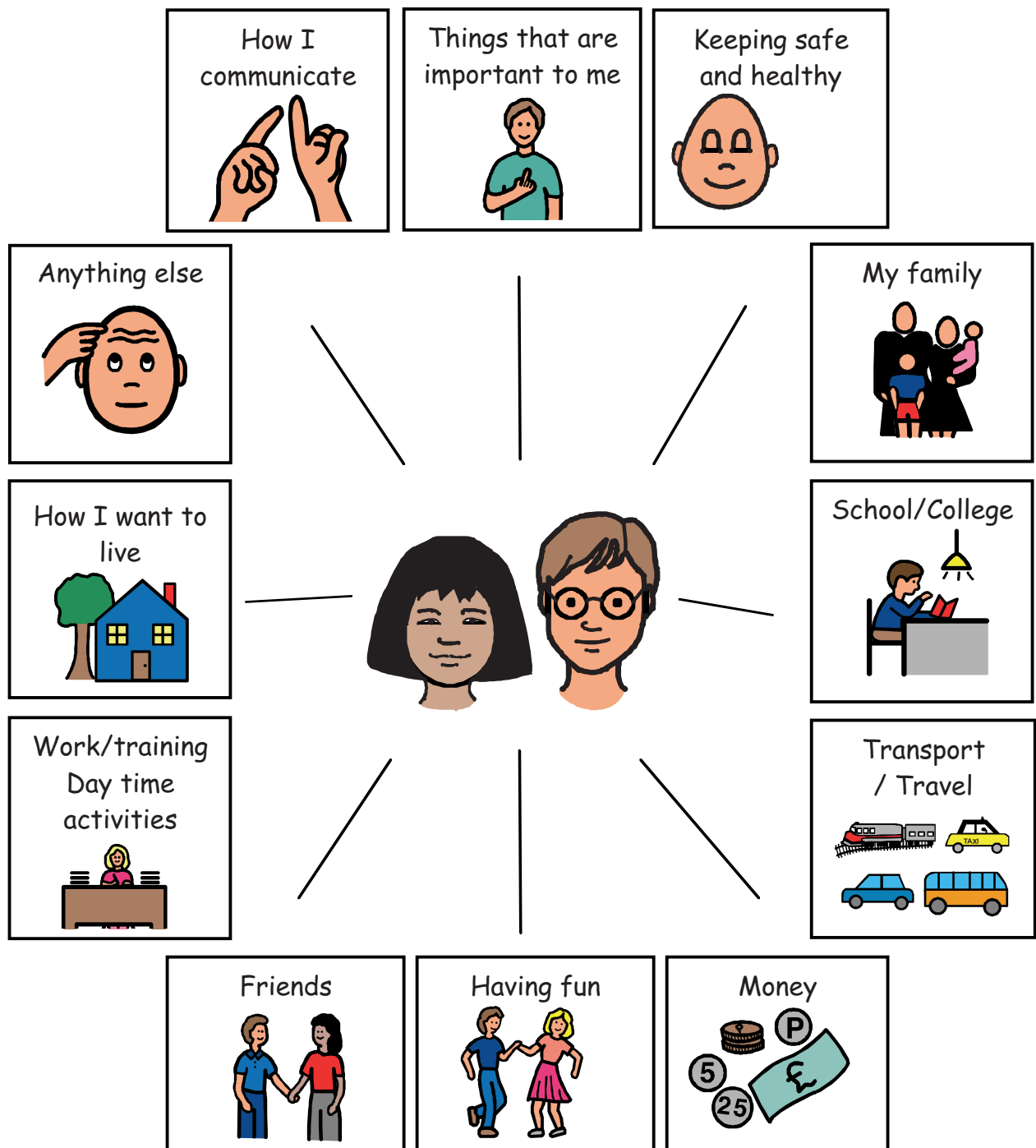
# Leaving School

**School years 11 - 14 (approx age 16 - 19)**

This is your last year at school.

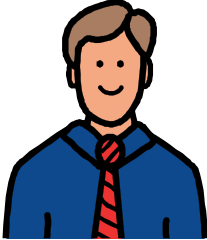
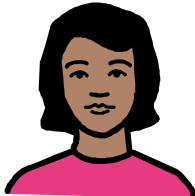
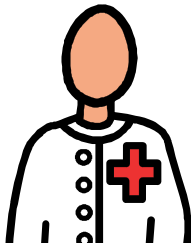
Your transition plan has helped you to plan for the future.  
It will be reviewed and updated again this year.

Your transition plan should include



## Leaving School

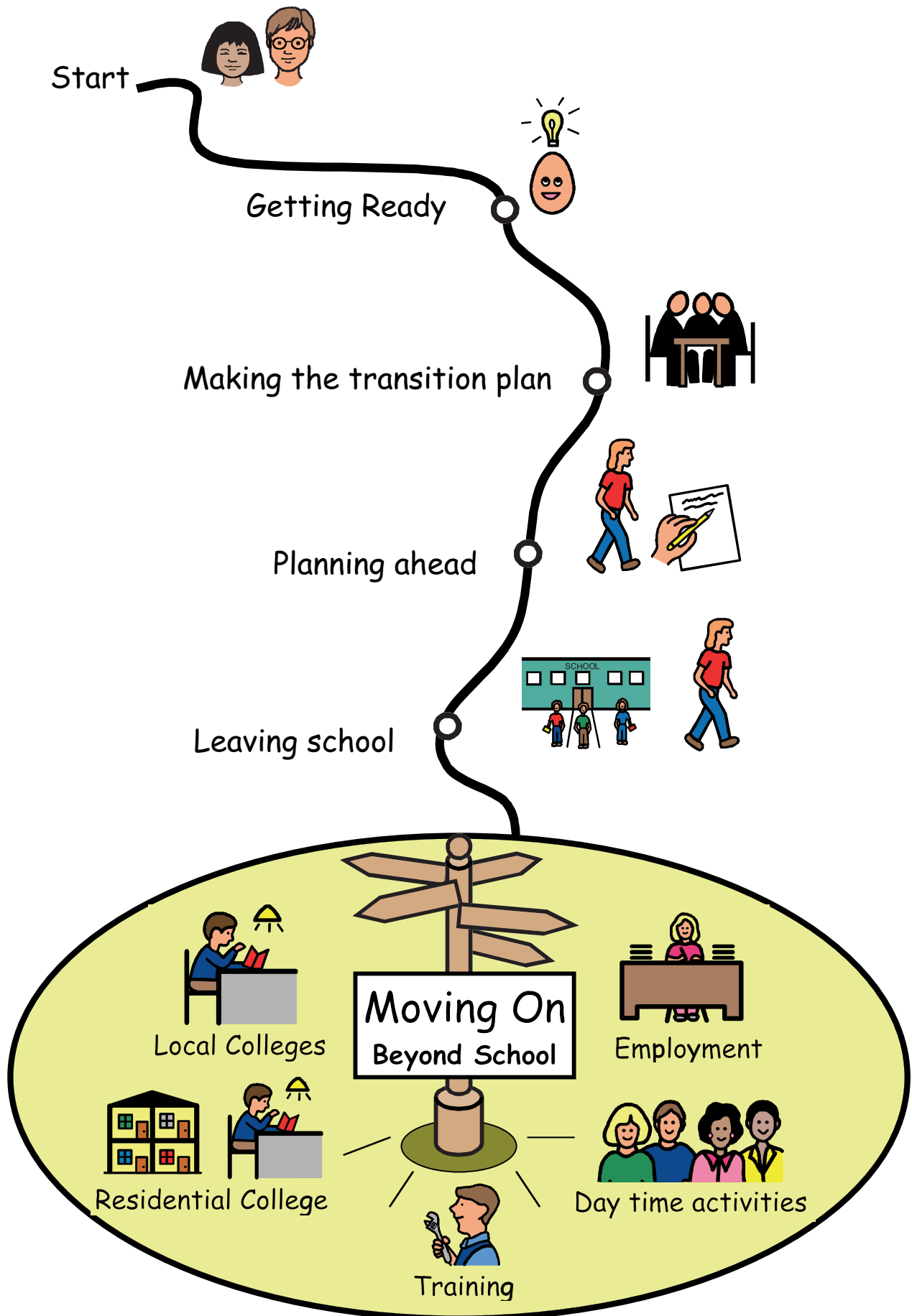
You may also need assessments for help from

<p>Connexions</p> 	<p>Your Connexions personal adviser must do a Section 140 assessment if you leave school in year 11 (age 16)</p> <p>You may also have a Section 140 assessment if you stay on at school after this.</p> <p>Ask your Connexions personal adviser</p>
<p>Social Care Services</p> 	<p>A social worker will carry out an assessment of your needs if you ask for one.</p> <p>Your family carers can also have an assessment of their needs.</p> <p>A social worker can also tell you about things like</p> <ul style="list-style-type: none"><li>• Direct Payments</li><li>• Independent Living Fund</li></ul> <p>And other help you may be able to get.</p>
<p>Health Services</p> 	<p>A health worker can help to make sure that you have a Health Action Plan. This should say</p> <ul style="list-style-type: none"><li>• How you keep healthy</li><li>• What extra help you may need</li><li>• Who can help you</li></ul>

You can use the information in your transition plan to help make these assessments.

You can show your transition plan to the new people you meet when you leave school. It will help them know what is important to you.

# What happens in transition



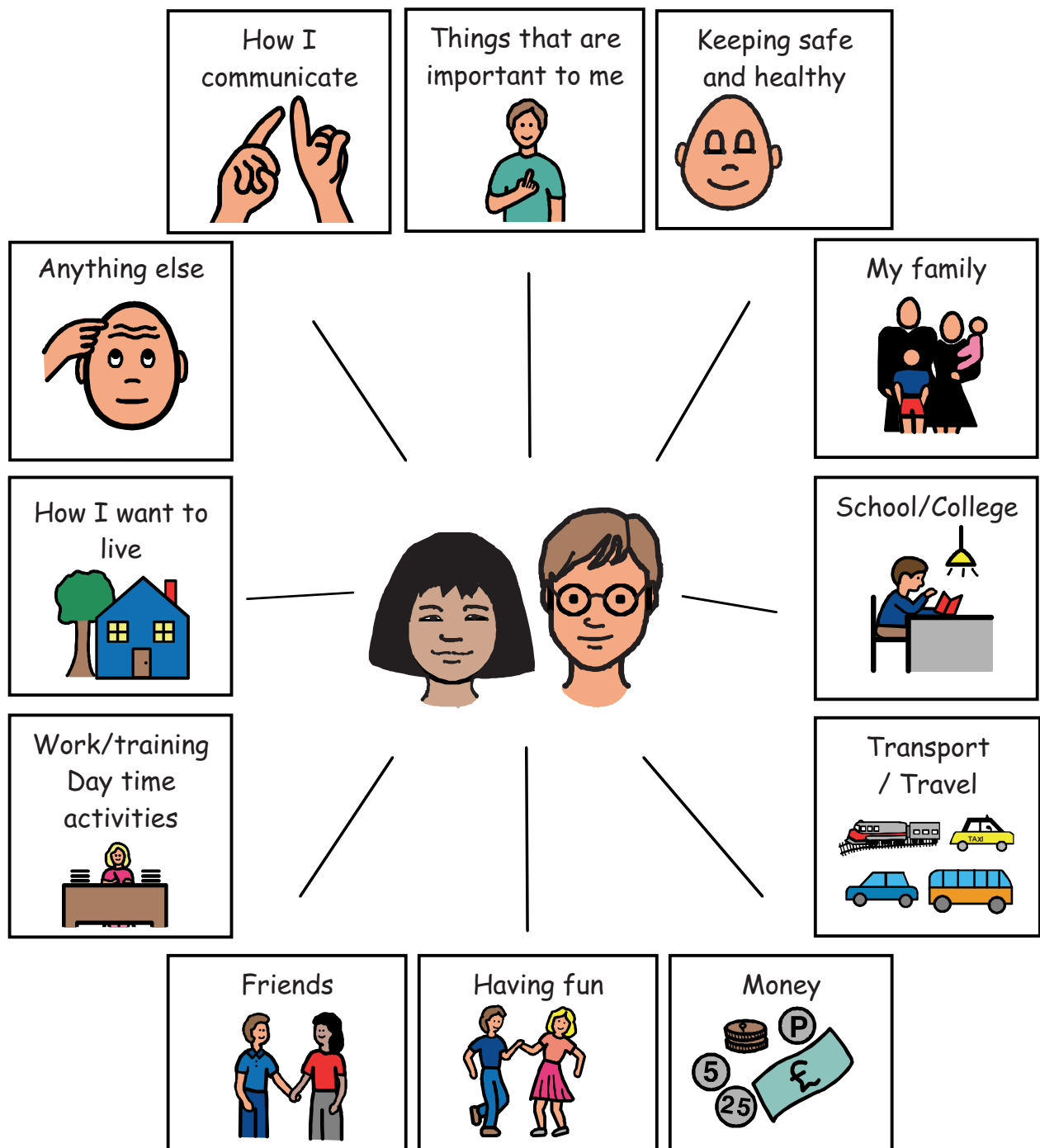
## Moving On

**Ages 16 - 19+**

When you leave school all the things in your transition plan should be happening.

You will do new things in new places and meet new people.






It is important to think about





## Moving On

These are some of the places you may go

<p>Local college</p> 	<p>You may do a college course near to where you live</p>
<p>Residential college</p> 	<p>This can also be called a specialist college. It is a college where you can stay during term time</p>
<p>Training provider</p> 	<p>A place where you can learn the skills you need to get a job</p>
<p>Day time activity providers</p> 	<p>These are ways that you can get support to do different activities. This may be in a special centre or out and about</p>
<p>Employment</p> 	<p>A place where you work. You can work full time or part time. You can get support to work, this can be called supported employment.</p>

You may go to one or more of these places either at the same time or at different times.

## Moving On

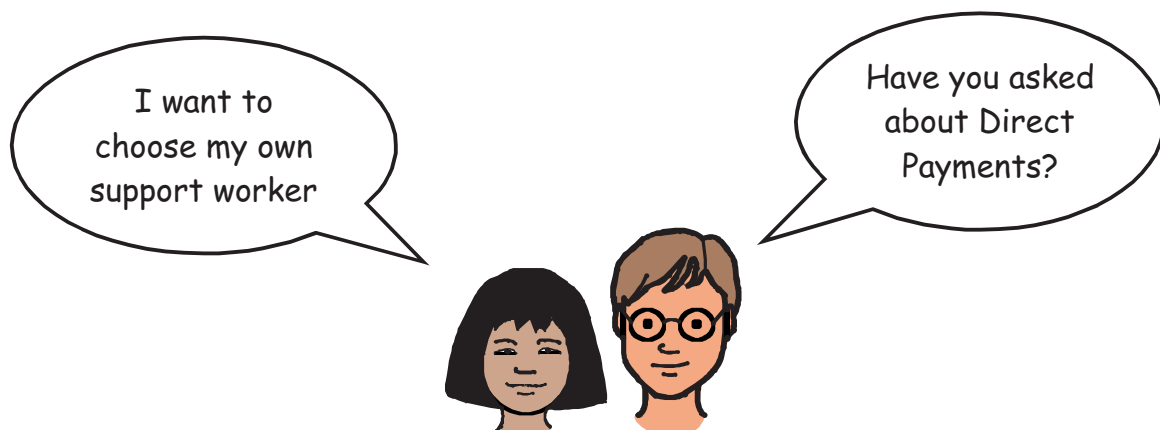
Wherever you are, you can use your transition plan. It can help you to say what is important to you now and in the future.



There will be meetings to talk about how you are getting on. These may be called reviews.



If you need extra help, the people who can give that help should be invited to your meetings.



## Moving On

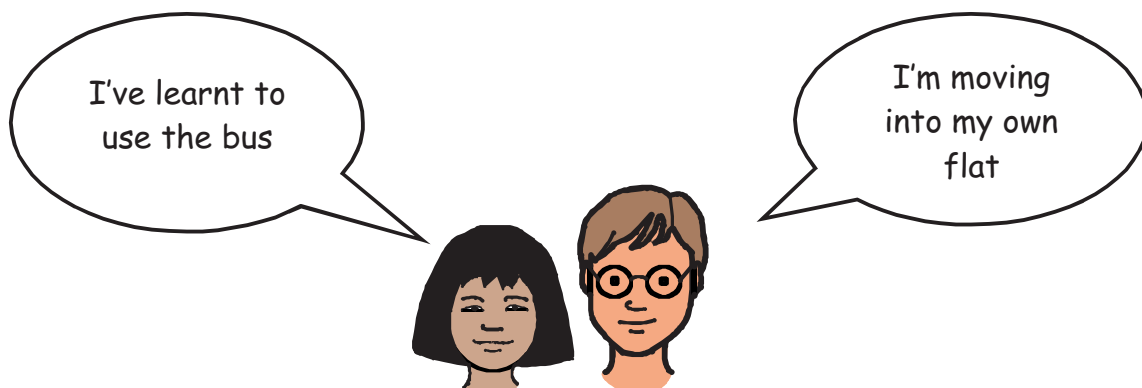
You may need assessments for help from



You can use the information in your transition plan to help you make these assessments.



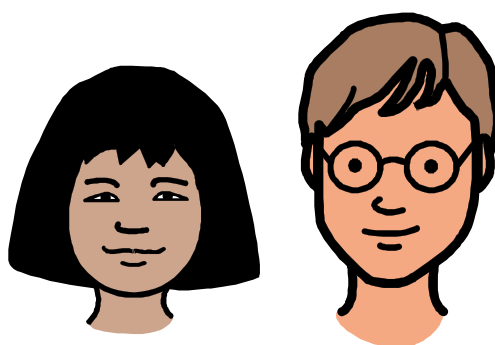
You have already made some choices and changes, you will make many more.



## Moving On

Find out where you can get help in the future. Ask your Connexions personal adviser or lead worker.

Your Connexions personal adviser can not help you after you are 25



Good luck for the future

## NOTES

## NOTES

Rebus and PCS symbols used

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The Big Picture was produced as part  
of the Transition Pathway Project.



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